

DIGITALIZATION OF RURAL AREAS – OPPORTUNITIES AND PERSPECTIVES

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Abstract

Digitalization represents a fundamental driver of social and economic transformation, capable of reshaping the traditional paradigms of rural development. In the context of the European Union's cohesion policy and Bulgaria's strategic priorities for sustainable growth, the integration of digital technologies in rural regions is increasingly recognized as a decisive factor for achieving economic competitiveness, social inclusion, and environmental sustainability. This article explores the theoretical foundations, regulatory framework, and implementation perspectives of digitalization in Bulgarian rural areas, emphasizing both the challenges and opportunities emerging from this process.

Digital transformation in rural contexts requires a multidimensional approach that combines technological innovation, infrastructural modernization, human capacity building, and effective governance (Zuboff, 2019; Brynjolfsson & McAfee, 2014). Digital tools such as the Internet of Things (IoT), artificial intelligence (AI), blockchain, and Big Data analytics not only enhance agricultural productivity but also enable sustainable natural resource management and smarter public services. In Bulgaria, specific pilot projects – such as IoT-based agricultural monitoring in Dobrudzha and smart utility management in Smolyan – illustrate how digitalization can bridge regional disparities and improve local resilience.

However, the implementation of digital technologies in rural areas faces persistent barriers. These include infrastructural deficiencies, insufficient broadband coverage, limited investment capacity, and a significant shortage of digital skills (European Court of Auditors, 2021; Mishev & Hristov, 2022). Many rural municipalities still lack the administrative and technical expertise needed to manage complex digital ecosystems. Furthermore, public awareness of the benefits of digital transformation remains limited, especially among elderly populations and small-scale producers. This highlights the necessity of targeted training programs and public-private partnerships aimed at fostering digital literacy and innovation culture in local communities.

At the same time, digitalization opens broad prospects for rural revitalization. The concept of “smart villages”, promoted by the European Network for Rural Development (ENRD, 2023), introduces an integrated vision of digital, ecological, and social sustainability. Through smart agriculture, telemedicine, e-education, and digital governance, rural regions can strengthen their economic foundations and enhance quality of life. In Bulgaria, the adoption of the National Digitalization Strategy (2021–2030) and the alignment with EU initiatives such as Horizon Europe, the Digital Europe Programme, and the Smart Villages Strategy create favorable conditions for long-term transformation (European Commission, 2023).

Empirical evidence suggests that successful rural digitalization depends on several interrelated factors: (1) adequate digital infrastructure; (2) training and upskilling of local human capital; (3) the establishment of digital innovation hubs; and (4) active community participation in co-creating solutions (Pelau & Pop, 2018; Klerkx et al., 2021). Digitalization can thus catalyze innovation,

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attract investment, and integrate rural areas into global value chains. By fostering e-commerce, digital entrepreneurship, and access to e-services, it enhances both social inclusion and economic competitiveness.

The study concludes that a holistic policy approach, combining infrastructure investment, education, financial incentives, and governance reforms, is essential for accelerating digital transformation in rural Bulgaria. Strengthening local capacities and promoting digital inclusion will not only mitigate regional inequalities but also contribute to achieving the EU's twin goals of green and digital transition. The article emphasizes that digitalization is not merely a technological trend but a strategic pathway toward the sustainable, connected, and resilient rural communities of the future. This article was financially supported by the UNWE Research Programme (Research Grant No. NID NI-5/2024/A).

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1. Theoretical Foundations of Digitalization

Digitalization is the process of incorporating digital technology into every element of social and economic life. Its primary components include the Internet of Things (IoT), artificial intelligence (AI), Big Data, automation, and blockchain technology. These enable communication, process optimization, and improved decision making through real-time data analysis (OECD, 2020). Digitalization can help rural communities overcome socioeconomic disparities and foster long-term prosperity. Traditional industries such as agriculture, tourism, and small companies may be modernized by using technology such as sensors, remote monitoring, and information sharing platforms. Digitalization enhances access to services and resources while providing new job possibilities, improving the quality of life, and stimulating innovation. Implementing smart technologies that allow for automation and effective resource management is an important part of digitalization. This involves employing Internet of Things devices to control energy systems, automate irrigation, and monitor infrastructure. Concurrently, Big Data analytics delivers useful insights to better decision-making in both the public and business sectors (FAO, 2019). Beyond the technical area, digitization has social and economic implications: it promotes new types of employment, helps local companies, and improves access to education and healthcare. Digitalization also helps to alleviate rural regions' geographic isolation by linking them into the global economy via e-commerce and digital services.

2. Characteristics of Digitalization in Rural Areas

Rural digitalization differs from urban digitalization in that it reflects the unique demands and problems of rural communities. The summarizing of the findings can be found in following areas:

- Improving infrastructure in rural regions is a common challenge. The deployment of broadband internet and 5G technologies is critical for digitalization. These projects improve connection and make information technology more accessible, providing the groundwork for long-term regional growth.
- Rural digitalization uses IoT devices for agricultural monitoring, water resource management, and electricity network optimization. Intelligent sensors, for example, can identify problems with irrigation systems or the electricity supply.
- Digitalization opens up new options for small and medium-sized firms to sell and promote agricultural goods, stimulating the local economy. Furthermore, internet channels help firms get traction and attract investors.
- Rural areas sometimes have restricted access to healthcare and education services. Digitalization facilitates the growth of online services such as healthcare, remote learning, and e-government services, which is an essential step in overcoming rural isolation.
- Implementing digital technology enhances social connectivity, enabling residents to engage more effectively with others and the outside world. This approach relies heavily on social media and information sharing platforms (Harizanova & Stoyanova, 2019).

The “smart villages” concept is a successful European practice that incorporates technology to improve local services, economies, and quality of life. Pilot initiatives in Bulgaria, such as the digitization of water supply systems in settlements like Smolyan and the implementation of IoT solutions in the Gabrovo municipality, have proven to be highly successful (European Network for Rural Development, 2023). One distinguishing feature of rural digitization is its adaptation to local settings. This includes devising solutions that are adapted to each community's distinct constraints, such as remoteness, limited human resources, or special weather circumstances. This flexibility necessitates a flexible strategy that blends local innovation with assistance from national and European initiatives.

3. Regulatory Framework for Rural Digitalization in the EU and Bulgaria

The European Union's digitalization is built on a comprehensive legislative and strategic framework that promotes long-term growth, innovation, and socioeconomic connectedness in rural regions. Key publications and efforts include (EC, 2023; European Court of Auditors, 2021).

- Horizon Europe offers significant financing for research and innovation, promoting the use of smart technology in rural communities. It supports

programs that promote intelligent resource management, sustainable development, and connection in distant areas.

- The Digital Europe Programme aims to increase access to digital technology and skills by sponsoring the creation of Digital Innovation Hubs. These hubs provide training and assistance for local enterprises and public agencies.
- The European Regional Development Fund (ERDF) funds broadband infrastructure and promotes digitization of local services.
- The Green Deal emphasizes the need of digitization in sustainable resource management. Rural regions play a critical role in meeting climate targets through smart agriculture and resource management facilitated by digital technology.
- The Smart Villages Strategy promotes the use of new technology to enhance quality of life, service supply, and local economic growth in rural communities.
- The Connecting Europe Facility (CEF) supports digital connectivity initiatives, including the installation of high-speed networks in rural locations.

Deeper information of the policies are presented in table 1.

These projects and policies promote rural development by implementing digital technology, while also assuring sustainability and competitiveness. Bulgaria integrates with European digitization policies and initiatives, tailoring them to the special needs of its rural regions. Key national regulatory papers include (Ministry of Agriculture, Food, and Forestry, 2023; Ministry of e-Government, 2022).

- National Digitalization Strategy (2021 – 2030): This strategy establishes a framework for expanding digital infrastructure and promoting innovation across industries, especially rural areas. Priorities include increasing internet access, creating smart communities, and promoting digital agriculture.
- The Rural Development Programme (RDP) supports rural regions by providing subsidies for technology deployment, including smart irrigation sensors, agricultural resource management platforms, and digital public services.
- The E-Governance Act establishes a legislative foundation for deploying electronic services in public administration, which improves service access in rural populations.

Specific initiatives have also been developed, such as the Unified Information System for Agricultural Management, which consolidates farm data and assists both farmers and public authorities in optimizing operations. Municipal-level projects are also progressing – for example, Smolyan and Vidin have launched initiatives for digital management of utilities and optimization of water supply through IoT technologies.

However, the growth of these efforts is hampered by a lack of finance, a scarcity of competent staff, and lengthy administrative procedures. Despite all of these obstacles, Bulgaria continues to make progress on rural digitization, supported by EU financing and local efforts.

Table 1. Policy support of Digitalization

Programme/ Strategy	Main Focus	Key Measures/ Support	Start Year	Implementation in Bulgaria
Horizon Europe	Research and innovation in smart technologies	Financing for intelligent resource management, sustainable development, rural connectivity	2021	Since 2021, applies in Bulgaria (Bulgarian researchers and institutions participate in calls)
Digital Europe Programme	Access to digital technologies and skills	Creation of Digital Innovation Hubs, training, and assistance for enterprises and public agencies	2021	Since 2021, applies in Bulgaria (Digital Innovation Hubs established)
European Regional Development Fund (ERDF)	Digital and broadband infrastructure	Funding for broadband networks, digitization of local services	1975 (renewed for 2021–2027)	Applies in Bulgaria since EU accession (2007), funding digital and broadband projects
European Green Deal	Sustainability and climate neutrality	Promotes smart agriculture and digital tools for sustainable resource management	2019	Applies in Bulgaria since 2019 as part of EU-wide strategy
Smart Villages Strategy	Rural development through technology	Enhancing quality of life, service provision, and local economic growth via new technologies	2016 (mainstreamed post-2020 CAP)	Applies in Bulgaria since 2020 through CAP and rural development programmes
Connecting Europe Facility (CEF)	Digital connectivity	Supports installation of high-speed networks in rural areas	2014 (CEF 1), 2021 (CEF 2.0)	Applies in Bulgaria since 2014; supports broadband and cross-border digital projects

Source: Own research

4. Opportunities for Implementation and Development of Digitalization in Bulgaria's Rural Areas

As of 2024, 84.3% of rural households in Bulgaria have internet access, although connectivity in some regions remains below average. This creates favorable conditions for the implementation of digital technologies, but also highlights the need for targeted infrastructure investments (NSI, 2024).

Specific opportunities for applying digitalization in rural areas are described in table 2.

Table 2. Digitalization in rural areas in Bulgaria

Sector	Main Applications	Examples from Bulgaria
Agricultural Sector	Smart sensors for soil monitoring and automated irrigation • Digital platforms for farm management	IoT devices in Dobrudzha region measure soil moisture to improve water-use efficiency
Education and Culture	Online educational programs and digital libraries • Remote training courses for farmers on new technologies	Local residents gain access to e-learning platforms and digital cultural resources
Administrative Services	Electronic platforms for local governments • IoT-based systems for waste management	Gabrovo municipality uses IoT waste management to optimize logistics and reduce costs
Tourism	Digital marketing and booking platforms • Virtual and augmented reality for cultural heritage	Promotion of local tourism and VR/AR presentation of cultural and historical sites

Source: Author's findings

These opportunities underline the potential of digitalization to transform the economic and social dimensions of rural areas in Bulgaria.

However, the expansion of this process faces several major challenges:

- Lack of Infrastructure:

Limited broadband internet connection in distant places continues to be a significant barrier to digital technology integration. In Northwestern Bulgaria, internet availability remains below 60%, stifling local economic growth. Vidin's lack of infrastructure hampers the introduction of e-services.

- Financial Constraints:

The high costs of implementing technology often exceed the capabilities of small and medium-sized enterprises. Although European funds are available, they remain largely inaccessible to smaller municipalities.

- Shortage of Qualified Personnel:

Insufficient training of local staff to operate digital technologies delays the adoption of new solutions. Many municipalities struggle to find specialists to manage digital

systems. In Smolyan, for instance, the lack of qualified personnel limits the effectiveness of newly installed IoT devices.

- Low Awareness:

Limited public awareness of the benefits of digitalization creates resistance to adopting new technologies. Training sessions and awareness campaigns are rare, especially in smaller communities.

- Administrative Barriers:

The implementation of rapidly changing technology can often be delayed by the regulatory framework's slow adaptability. The lack of drone rules, for example, limits their application in agriculture and logistics. These concerns highlight the importance of comprehensive policy and targeted investment in overcoming rural digitization hurdles.

5. Guidelines for Facilitating the Implementation of Digitalization in Rural Areas in Bulgaria

Infrastructure Development: Investing in expanding broadband internet access and 5G networks in rural regions is critical. This infrastructure facilitates the deployment of IoT devices and other digital technologies.

Training and Qualification: It is critical to provide local workers with the necessary training to operate and maintain digital technology. Young individuals and entrepreneurs deserve particular recognition.

Assistance to small and medium-sized companies (SMEs): Subsidies and tax benefits for enterprises that use digital technologies.

Creating platforms for information sharing and best practices between businesses and government entities.

Streamlining Administrative Processes: Improving the legal framework to allow for the use of new technologies, such as regulations controlling drone, blockchain, and artificial intelligence in municipal resource management.

Promoting public-private partnerships. Encourage municipalities, enterprises, and non-governmental organizations (NGOs) to collaborate to develop long-term digital solutions. Launching awareness campaigns to promote the benefits of digitization to local communities and encourage public participation. These concepts aim to transform Bulgaria's rural regions into modern and sustainable communities, contributing. Adopting smart technologies can increase agriculture output efficiency. Improving community resilience by increasing access to e-services, healthcare, and education. Promoting digital innovation and e-commerce might boost local economies. Creating new employment opportunities and improving worker qualifications in rural locations. Enhancing rural regions' economic competitiveness through innovation and digital services. Creating new jobs through the deployment of digital technology. Providing clever solutions to ensure long-term natural resource management. Improved access to education,

healthcare, and administrative services for persons living in distant places. These viewpoints highlight digitalization's key significance in the economic and social development of Bulgarian rural communities.

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