

# ENGAGE GAMES

## WHAT CAN YOU WIN?

The winning university will hold the trophy until the next Engage Games begin.

Also, the best performers will have the honor of having their video posted on the Engage website. (the best trio in basketball, the best trio in fitness, the best trio in soccer)

## WHAT DO YOU NEED TO DO TO WIN THE OVERALL COMPETITION?

1 university = 1 team: all the performances of the students of a university are added together to determine the final score.

Each of the following challenges gives participants a certain number of points based on their final ranking. The university with the most points overall wins.

For each challenge :

1st: 12 points    2nd: 10 points    3rd: 8 points    4th: 5 points  
5th: 4 points    6th: 3 points    7th: 2 points

**DID NOT PARTICIPATE IN CHALLENGE: 0 point**





UP TO **APRIL 30TH** TO COLLECT ALL THE SCORES

## **RULES TO APPLY TO EACH CHALLENGE**

- Teams of three students
- Relay
- 2'
- Each university will keep the performance of their 10 best teams (=30 participants) In each challenge. If a university has less than 10 teams participating, their overall score will be impacted, as they have fewer entries.
- A student cannot be part of two different teams for the same challenge. However, a student can be part of different challenges.
- In basketball and soccer, the teams can be coed (males and females) or not. In fitness, the teams must be coed
- In order to highlight their university, each team should try to wear the colours of their institution and/or make the video in front of an emblematic building of their city

## **HOW TO GATHER AND SHARE RESULTS**

- Ask students of your university to send their video for proof + their score
- Select the 10 best performances of your university
- Create a private YouTube link compiling the videos of the 10 best performances (=20' video in each challenge)
- Share the link with the community + share the total score in each challenge with the community





## **BASKETBALL**

### ***THE 3 POINT CONTEST.***

Example of one team: <https://youtu.be/wRKnoB7gchE>

Each student will shoot from the three point line in a relay.  
The goal is to make as many shots as possible in two minutes.

## **FITNESS**

### ***THE PUSH UP CHALLENGE***

Example of one team : <https://youtu.be/fnNhESelsio>

Teams of three students. Each student will perform push-ups  
in a relay. The goal is to complete as many push-ups as  
possible in two minutes.

## **SOCCER**

### ***THE HEAD PASSES CHALLENGE***

Example of one team: <https://youtu.be/hp9Pq4Vbhk8>

Teams of 3 students. Each student must pass the ball using  
only their head. The goal is to complete as many headers as  
possible in two minutes.

